



8th August 2013

Christine Heart Savage
Holistic Excellence And Long Term Health
PO Box 313
Hampton Vic 3188
Australia

To whom it may concern,

Bupa Wellness delivers health and wellbeing activities to the corporate market. We offer a range of initiatives covering physical, mental and emotional wellbeing, all geared to support Bupa's 'healthier you' proposition in the corporate space.

We engaged Christine Heart Savage in January 2012 as an independent contractor to facilitate workshops and seminars for Bupa Wellness clients.

She has since delivered numerous activities on topics relating to stress management, mental health and sleep and has a unique ability to customise the design and delivery of her content to engage her audiences.

The feedback Christine has received from participants and macro contacts alike has been overwhelmingly positive. In particular, comments have referenced her energetic presentation style, the effectiveness of her teaching and her prominent stage presence.

We have many providers who measure success based on output; Christine measures success based on outcomes and she has an excellent track record of engaging our customers and influencing positive health results.

I would highly recommend Christine Heart Savage.

Sincerely,

A handwritten signature in black ink, appearing to read "Krishan", is written over a light blue horizontal line.

Krishan Sivagnanam
Senior Operations Manager
Bupa Wellness



are part of Bupa